Session 1: January 2026 Schedule

Wednesday

Thursday

Friday

Saturday

Tuesday

Monday

Sunday

(dec2025/jan2026)	28	29	30		31		1	2
1/	\	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \		\ /		New Year's Day	Signup for Session 3 Private Lessons	
Χ	X	X		X		X	X	X
(jan 2026)	4 Session 1	5 Session 1	6	Session 1	7	Session 1	8 Session 1	9
			9:00	0-11:00am Privates @LL				
	5:30-5:55pm Level 1 @LL	L 5:30-7:30pm Privates @LL	5.20	0-5:55pm Level 1 @LL		5:30-7:30pm Privates @LL	9:00-11:00am Privates @LL	X
V	6:00-6:25pm Level 2 @LL			0-5:55pm Level 1 @LL	ľ	5:30-7:30pm Privates @LL		
\wedge	6:30-8:00pm Privates @L			0-8:00pm Privates @LL				
Session 1	11 Session 1	12 Session 1	13		14	Session 1	15 Session 1 1	6 1
(jan2026)			9:00	0-11:00am Privates @LL			Signs By Tomorrow Scholarship Due	
								V
12:30-4:30pm Privates @LL	5:30-5:55pm Level 1 @LL	X		0-5:55pm Level 1 @LL	5	5:30-7:30pm Privates @LL	9:00-11:00am Privates @LL	X
	6:00-6:25pm Level 2 @LL 6:30-8:00pm Privates @L			0-6:25pm Level 2 @LL 0-8:00pm Privates @LL				
Session 1	6:30-8:00pm Privates @L Session 1	19 Session 1	20		21	Session 1	22 Session 1 2	3 24
(jan2026)	363510111	36330111		0-11:00am Privates @LL		503310111	Signup Session 2 Group Lessons*	<u> </u>
,								V
12:30-4:30pm Privates @LL	5:30-5:55pm Level 1 @LL	L 5:30-7:30pm Privates @LL	5:30	0-5:55pm Level 1 @LL	5	5:30-7:30pm Privates @LL	9:00-11:00am Privates @LL	lacksquare
	6:00-6:25pm Level 2 @LL	L	6:00	0-6:25pm Level 2 @LL				
	6:30-8:00pm Privates @L			0-8:00pm Privates @LL				
Session 1 (jan2026)	25 Session 1	Session 1	27	Session 1 0-11:00am Privates @LL	28	Session 1	Session 1 3 Signup Session 4 Private Lessons	0
(janzozo)			9:00	o-11:00am Privates @LL			Signup Session 4 Private Lessons	V
12:30-4:30pm Privates @LL	5:30-5:55pm Level 1 @LL	L 5:30-7:30pm Privates @LL	5:30	0-5:55pm Level 1 @LL	5	5:30-7:30pm Privates @LL	9:00-11:00am Privates @LL	X
	6:00-6:25pm Level 2 @LL	L	6:00	0-6:25pm Level 2 @LL				/ \
	6:30-8:00pm Privates @L	ш	6:30	0-8:00pm Privates @LL				
Recap:								
		Private Lesson Time Slo			_	_, , ,,,	private lesson cost: \$1.25/1 mi	
Sundays (3 lessons)	Mondays (4 lessons)	<u>Tuesdays</u> (3 lessons)	<u>We</u>	ednesdays (4 lessons)	-	Thursdays (4 lessons)	Fridays (4 lessons)	Saturdays (a.e.e.)
@LL 12:30-12:55 @LL 1:00-1:25pr	•	.5pm @LL 5:30-5:55p	m	@LL 9:00-9:25am @LL 9:30-9:55am		@LL 5:30-5:55pm	@LL 9:00-9:25am @LL 9:30-9:55am	(none)
@LL 1:00-1:25pm				@LL 10:00-10:25am		@LL 6:00-6:25pm	@LL 10:00-10:25am	
@LL 2:00-2:25pm						@LL 6:30-6:55pm	@LL 10:30-10:55am	
@LL 2:30-2:55pm		@LL 7:00-7:25p		<u> </u>		@LL 7:00-7:25pm	2 111 170	
@LL 3:00-3:25pr	n	·		@LL 6:30-6:55pm		·		
@LL 3:30-3:55pr				@LL 7:00-7:25pm				
@LL 4:00-4:25pr				@LL 7:30-8:00pm				
Group Class Level 1 (8 cl		<u>Cost:</u>	Level 1:					
Level 1 (8 Cl	Mon&Wed: 5:30-5:5	5pm \$ 150.00	SKI	ills needed to be in the clas	_	II take directions		
Level 2 (8 cl		эрш э тэо.оо	Ski	ills to be learned:	u wii	ii tuke dii ections		
20.0.2 (0 0)	Mon&Wed: 6:00-6:25pm \$ 150.00 Getting mouth, eyes and hair wet. Holding breath out of and under the water. Retrieving						eving	
	toys at different depths. Flutter kicking on stomach and back. Front and back floats.							

Level 2:

Skills needed to be in the class:

Skills to be learned:

Front and back glides. Jumping into the water.

Float unassisted, flutter kick unassisted, jump into water and return to wall unassisted

Proper bobs, rhythmic breathing, freestyle and backstroke, and diving