

### Session 3: March/April 2025 Schedule

| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday                                    | Friday   | Saturday       |
|---|---|--|--|---|--|----------------|
| Session 3<br>(mar2025)<br>23<br>12:30-4:30pm Privates @LL     | Session 3<br>24<br>5:30-5:55pm Level 1 @LL<br>6:00-6:25pm Level 2 @LL<br>6:30-8:00pm Privates @LL | Session 3<br>25<br>5:30-7:30pm Privates @LL                                    | Session 3<br>26<br>9:00-11:00am Privates @LL<br>5:30-5:55pm Level 1 @LL<br>6:00-6:25pm Level 2 @LL<br>6:30-8:00pm Privates @LL | Session 3<br>27<br>5:30-7:30pm Privates @LL | Session 3<br>28<br>9:00-11:00am Privates @LL                                     | 29<br><b>X</b> |
| Session 3<br>(mar/apr2025)<br>30<br>12:30-4:30pm Privates @LL | Session 3<br>31<br>5:30-5:55pm Level 1 @LL<br>6:00-6:25pm Level 2 @LL<br>6:30-8:00pm Privates @LL | Session 3<br>1<br>Signup Session 5 Private Lessons<br>5:30-7:30pm Privates @LL | Session 3<br>2<br>9:00-11:00am Privates @LL<br>5:30-5:55pm Level 1 @LL<br>6:00-6:25pm Level 2 @LL<br>6:30-8:00pm Privates @LL  | Session 3<br>3<br>5:30-7:30pm Privates @LL  | Session 3<br>4<br>Signs By Tomorrow Scholarship Due<br>9:00-11:00am Privates @LL | 5<br><b>X</b>  |
| Session 3<br>(apr2025)<br>6<br>12:30-4:30pm Privates @LL      | Session 3<br>7<br>5:30-5:55pm Level 1 @LL<br>6:00-6:25pm Level 2 @LL<br>6:30-8:00pm Privates @LL  | Session 3<br>8<br><b>X</b>   | Session 3<br>9<br>9:00-11:00am Privates @LL<br>5:30-5:55pm Level 1 @LL<br>6:00-6:25pm Level 2 @LL<br>6:30-8:00pm Privates @LL  | Session 3<br>10<br>5:30-7:30pm Privates @LL | Session 3<br>11<br>Signup Session 4 Group Lessons<br>9:00-11:00am Privates @LL   | 12<br><b>X</b> |
| Session 3<br>(apr2024)<br>13<br>12:30-4:30pm Privates @LL     | Session 3<br>14<br>5:30-5:55pm Level 1 @LL<br>6:00-6:25pm Level 2 @LL<br>6:30-8:00pm Privates @LL | Session 3<br>15<br>5:30-7:30pm Privates @LL                                    | Session 3<br>16<br>9:00-11:00am Privates @LL<br>6:30-8:00pm Privates @LL   | Session 3<br>17<br>5:30-7:30pm Privates @LL | Session 3<br>18<br><b>X</b><br>Good Friday                                       | 19<br><b>X</b> |

**Recap:**

| Private Lesson Time Slots : March 23 - April 18, 2025   |  |   |  |   |   |           |
|---|--|---|--|---|---|-----------|
| Sundays   | Mondays  | Tuesdays  | Wednesdays   | Thursdays   | Fridays   | Saturdays |
| (4 lessons)<br>@LL 12:30-12:55pm<br>@LL 1:00-1:25pm<br>@LL 1:30-1:55pm<br>@LL 2:00-2:25pm<br>@LL 2:30-2:55pm<br>@LL 3:00-3:25pm<br>@LL 3:30-3:55pm<br>@LL 4:00-4:25pm | (4 lessons)<br>@LL 6:30-6:55pm<br>@LL 7:00-7:25pm<br>@LL 7:30-7:55pm | (3 lessons)<br>@LL 5:30-5:55pm<br>@LL 6:00-6:25pm<br>@LL 6:30-6:55pm<br>@LL 7:00-7:25pm | (4 lessons)<br>@LL 9:00-9:25am<br>@LL 9:30-9:55am<br>@LL 10:00-10:25am<br>@LL 10:30-10:55am<br><br>@LL 6:30-6:55pm<br>@LL 7:00-7:25pm<br>@LL 7:30-7:55pm | (4 lessons)<br>@LL 5:30-5:55pm<br>@LL 6:00-6:25pm<br>@LL 6:30-6:55pm<br>@LL 7:00-7:25pm | (3 lessons)<br>@LL 9:00-9:25am<br>@LL 9:30-9:55am<br>@LL 10:00-10:25am<br>@LL 10:30-10:55am | none      |

| Group Classes:                                 | Cost: | Group Classes:                                 | Cost: |
|--|-------|--|-------|
| Level 1 (8 classes)<br>Mon&Wed: 5:30-5:55pm@LL | \$120 | Level 2 (8 classes)<br>Mon&Wed: 6:00-6:25pm@LL | \$120 |

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| <p><b>Level 1:</b></p> <p><u>Skills needed to be in the class:</u><br/>Potty trained and will take directions</p> <p><u>Skills to be learned:</u><br/>Getting mouth, eyes and hair wet. Holding breath out of and under the water. Retrieving toys at different depths. Flutter kicking on stomach and back. Front and back floats. Front and back glides. Jumping into the water.</p> |
| <p><b>Level 2:</b></p> <p><u>Skills needed to be in the class:</u><br/>Float unassisted, flutter kick unassisted, jump into water and return to wall unassisted</p> <p><u>Skills to be learned:</u><br/>Proper bobs, rhythmic breathing, freestyle and backstroke, and diving</p>  |