

## Session 8: September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(aug/sept) 24 X LL Closed	25 X LL Closed	26 X LL Closed	27 X LL Closed	28 X LL Closed	29 Signup for Session 10 Private Lessons X LL Closed	30 X LL Closed
(aug/sept) 31 X LL Closed	1 Session 8 X Labor Day	2 Session 8 X LL Closed	3 Session 8 9:00-11:00am Privates @LL 5:30-5:55pm Level 1 @LL 6:00-6:25pm Level 2 @LL 6:30-8:00pm Private @LL	4 Session 8 5:30-5:55pm Level 1 @LL 6:00-6:25pm Level 1 @LL 6:30-8:00pm Private @LL	5 Session 8 9:00-11:00am Privates @LL	6 X LL Closed
(sept) 7 Session 8 12:30-4:30pm Privates @LL	8 Session 8 5:30-5:55pm Level 1 @LL 6:00-6:25pm Level 2 @LL 6:30-8:00pm Private @LL	9 Session 8 5:30-5:55pm Level 1 @LL 6:00-6:25pm Level 1 @LL 6:30-8:00pm Private @LL	10 Session 8 X LL Closed	11 Session 8 X LL Closed	12 Session 8 Signs By Tomorrow Scholarship Due X LL Closed	13 X LL Closed
(sept) 14 Session 8 X LL Closed	15 Session 8 5:30-5:55pm Level 1 @LL 6:00-6:25pm Level 2 @LL 6:30-8:00pm Private @LL	16 Session 8 5:30-5:55pm Level 1 @LL 6:00-6:25pm Level 1 @LL 6:30-8:00pm Private @LL	17 Session 8 9:00-11:00am Privates @LL 5:30-5:55pm Level 1 @LL 6:00-6:25pm Level 2 @LL 6:30-8:00pm Private @LL	18 Session 8 5:30-5:55pm Level 1 @LL 6:00-6:25pm Level 1 @LL 6:30-8:00pm Private @LL	19 Session 8 Signup for Session 9 Group Lessons 9:00-11:00am Privates @LL	20 X LL Closed
(sept) 21 Session 8 12:30-4:30pm Privates @LL	22 Session 8 5:30-5:55pm Level 1 @LL 6:00-6:25pm Level 2 @LL 6:30-8:00pm Private @LL	23 Session 8 5:30-5:55pm Level 1 @LL 6:00-6:25pm Level 1 @LL 6:30-8:00pm Private @LL	24 Session 8 9:00-11:00am Privates @LL 5:30-5:55pm Level 1 @LL 6:00-6:25pm Level 2 @LL 6:30-8:00pm Private @LL	25 Session 8 5:30-5:55pm Level 1 @LL 6:00-6:25pm Level 1 @LL 6:30-8:00pm Private @LL	26 Session 8 9:00-11:00am Privates @LL	27 X LL Closed

## Session 8: September 2025

**Recap:**

Private Lesson Time Slots : September 3-26, 2025							private lesson cost: \$1.25/1 minute
Sundays (2 lessons)	Mondays (3 lessons)	Tuesdays (3 lessons)	Wednesdays (3 lessons)	Thursdays (3 lessons)	Fridays (3 lessons)	Saturdays	
@LL 12:30-12:55pm			@LL 9:00-9:25am		@LL 9:00-9:25am		(none)
@LL 1:00-1:25pm	@LL 6:30-6:55pm	@LL 6:30-6:55pm	@LL 9:30-9:55am	@LL 6:30-6:55pm	@LL 9:30-9:55am		
@LL 1:30-1:55pm	@LL 7:00-7:25pm	@LL 7:00-7:25pm	@LL 10:00-10:25am	@LL 7:00-7:25pm	@LL 10:00-10:25am		
@LL 2:00-2:25pm	@LL 7:30-8:00pm	@LL 7:30-7:55pm	@LL 10:30-10:55am	@LL 7:30-7:55pm	@LL 10:30-10:55am		
@LL 2:30-2:55pm							
@LL 3:00-3:25pm			@LL 6:30-6:55pm				
@LL 3:30-3:55pm			@LL 7:00-7:25pm				
@LL 4:00-4:25pm			@LL 7:30-8:00pm				

  

Group Classes:	Cost:	Group Classes:	Cost:
Level 1 (6 classes)		Level 2 (6 classes)	
Mon&Wed: 5:30-5:55pm@LL	\$ 112.50	Mon&Wed: 6:00-6:55pm@LL	\$ 112.50
Tue&Thu: 5:30-5:55pm@LL	\$ 112.50		
Tue&Thu: 6:00-6:25pm@LL	\$ 112.50		

  

**Level 1:**

Skills needed to be in the class:  
Potty trained and will take directions

Skills to be learned:  
Getting mouth, eyes and hair wet. Holding breath out of and under the water. Retrieving toys at different depths. Flutter kicking on stomach and back. Front and back floats. Front and back glides. Jumping into the water.

**Level 2:**

Skills needed to be in the class:  
Float unassisted, flutter kick unassisted, jump into water and return to wall unassisted

Skills to be learned:  
Proper bobs, rhythmic breathing, freestyle and backstroke, and diving